



**MSTS**

A member of **RelyOnNutec**

# WORKING AT HEIGHT SAFETY TRAINING

**Course catalogue**

**MSTS Asia Sdn Bhd** (502823-K)

# Working at Height

Our centres have a range of working at height training available to ensure delegates are aware of the industry requirements whilst performing their job. Proper training is vital to reduce risks, injuries and fatalities stemming from working at heights. Our courses are conducted with classroom lectures and hands-on practical exercises where delegates are given a chance to ascend and descend our working at height structures as well as performing rescue operations for those requiring assistance at heights.

## Working at Height Level1

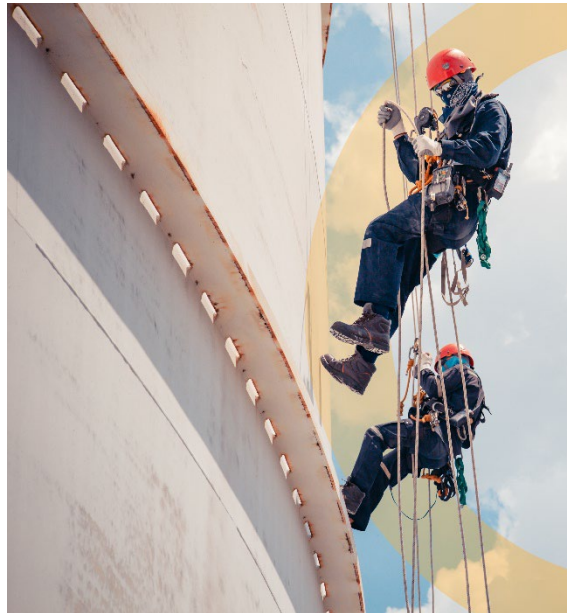
<b>Target Group</b>	Aimed at personnel exposed to working at heights such as scaffolders, plant operators, construction workers and maintenance personnel.
<b>Course Objectives</b>	During the course delegates will gain and demonstrate to a level of competence the potential risks associated, applicable legislation and the Personal Protective Equipment made available.
<b>Duration</b>	1 day
<b>Validity</b>	3 years

## Rescue from Height Level3

<b>Target Group</b>	Aimed at personnel designated as emergency response team members in organisations where personnel are exposed to working at heights.
<b>Course Objectives</b>	During the course delegates will gain and demonstrate to a level of competence the potential risks associated, applicable legislation and correct usage of all Personal Protective Equipment.
<b>Duration</b>	1 day
<b>Validity</b>	3 years

## Working at Height Level2

<b>Target Group</b>	Aimed at personnel exposed to working at heights such as scaffolders, plant operators, construction workers and maintenance personnel.
<b>Course Objectives</b>	During the course delegates will gain and demonstrate to a level of competence the potential risks associated, applicable legislation and the Personal Protective Equipment made available. Delegates will demonstrate safe usage of equipment while ascending and descending a structure.
<b>Duration</b>	1 day
<b>Validity</b>	3 years



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To find out more or book a course, visit our website at [www.msts-my.org](http://www.msts-my.org) or contact our booking offices below.



Scan here

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