



A member of RelyOnNutech

## COURSE

# WORKING AT HEIGHT LEVEL 3 - RESCUE

## ACCREDITATION



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## COURSE OBJECTIVE

During the course delegates will learn and demonstrate an understanding of the activities and hazards related to Working at Height. Delegates will also demonstrate to a level of competence self rescue techniques and apply the various methods of Rescue from Height.

## LEARNING OUTCOMES

To successfully complete this training delegates must be able to explain and demonstrate the following:

- 1) Principles of Working at Heights
- 2) Activities relating to Working at Height
- 3) Legislation – Acts, Regulations, Guidelines relating to Working at Height
- 4) Hazards relating to Working at Height
- 5) Hazard Management & Control
- 6) Equipment used for Rescue from Height
- 7) Application of equipment used for Rescue from Height
- 8) PPE required for Rescue from Height
- 9) Self-Rescue Techniques in an emergency situation
- 10) Rescue from Height – Response Methodology

## PREREQUISITES

All delegates must be in possession of a valid medical certificate and Working at Height Level 1 & 2.

## TARGET GROUP

This course is designed for personnel designated as Emergency Response Team members in organization where personnel are exposed to working at height operations .

## DURATION

1 day

## VALIDITY

3 years

